#### **First Peoples Child & Family Review**

An Interdisciplinary Journal Honouring the Voices, Perspectives, and Knowledges of First Peoples through Research, Critical Analyses, Stories, Standpoints and Media Reviews

### WARRIORS

Hannah Battiste

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## An Interdisciplinary Journal Honouring the Voices, Perspectives and Knowledges

Honouring the Voices, Perspectives and Knowledges of First Peoples through Research, Critical Analyses, Stories, Standpoints and Media Reviews 2015

# WARRIORS

### Hannah Battiste

Poet, Nova Scotia, Canada

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You have walked for years Proud of your choices Proud of your language Proud of the God you worship

You took a group of people Not just any people First Nations people And you broke them down Sent One here and Twenty Two there

You didn't take the time to understand You took away their identity You took away everything And buried it in the ground

> You watched them suffer To this day they suffer And all you do is laugh

You punished the child out of them You punished the language out of them You killed the person inside of them

You made something sacred to them vanish Vanish like the happiness Vanish like the families Vanish like the love They had in their hearts

> They call First Nations warriors Because we are strong

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We are infinity We are special Some of us are still angry Some have found forgiveness Some have found faith And some still hurt

We all know the stories that lay Beneath their eyes We feel the hurt That you have caused

> We do not understand We do not forget And it still hurts

But we have each other Side by side United as a team of WARRIORS

### Why I became a writer

Growing up, most of my life, I didn't have a father or many friends. I was bullied badly, and I had many mental health issues by the time I was seven years old. I lost a lot of people in my life. I gained new friends, and lost friends. My new friends betrayed me and family. I lost what seemed to feel like everything. When I was nine, my father died. My father didn't take care of himself, and he also abused drugs. After my father died, my family was falling, but we were still standing tall. At the age of 12, my brother committed suicide.

My family suffered a great loss; they broke, and it is still taking them to long to cope. I was going through a lot, and I was suffering every single day. During the suffering, I was being bullied, I did not have any friends and I was in a deep depression. Everything started building up, so on October 21st, 2012, I committed suicide and survived. For two years, I quit school and stayed in my room because of how ashamed I was. I didn't let anybody see me. I would wait until my family was asleep and then I would sneak out of my room to eat. It was a difficult time. One day I was sitting around, and I wrote a story. And then a story turned in to a poem, and a poem turned into more and more poems.

I didn't have any idea that I was smart, beautiful, talented, and IMPORTANT. Life became so meaningful to me, and I shared my stories. My stories became inspirations. My poetry was being published, I was being asked to do performances. I am now a public speaker, poet and student. Sometimes I lose my ways. Sometimes I still need to get help. But I am not afraid to seek help. When I

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know my mental health is getting in the way, I run and find help. It takes time for me to get what I need, but struggling only makes us stronger. I struggled so much in my life, and it hurts to think about the things that I've been through.

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The bad times are going to make good times. The experience is unreal, and I try not to think about it, but that's how I make myself—through my writings, through my mental health, through my experiences and my life lessons. Writing saved my life and I am completely grateful.