



A multilingual sexual and reproductive health animation: A novel educational tool for newcomer patients
Une animation multilingue sur la santé sexuelle et reproductive : un nouvel outil éducatif pour les nouveaux arrivants

Aditi Sivakumar, Karla Willows, Sepideh Behroozan and Jocelyn Stairs

Volume 15, Number 1, 2024

URI: <https://id.erudit.org/iderudit/1110457ar>

DOI: <https://doi.org/10.36834/cmej.77475>

[See table of contents](#)

Publisher(s)

Canadian Medical Education Journal

ISSN

1923-1202 (digital)

[Explore this journal](#)

Cite this article

Sivakumar, A., Willows, K., Behroozan, S. & Stairs, J. (2024). A multilingual sexual and reproductive health animation: A novel educational tool for newcomer patients. *Canadian Medical Education Journal / Revue canadienne de l'éducation médicale*, 15(1), 83–85. <https://doi.org/10.36834/cmej.77475>

Article abstract

Implication Statement

Newcomer populations face many barriers accessing healthcare, including language barriers. Language-concordant care has been shown to enhance equity and optimize health outcomes for underserved populations. This paper describes a sexual and reproductive health (SRH) animation for newcomer populations. The animation was created collaboratively by the Department of Obstetrics and Gynaecology Global Health Unit, the Halifax Newcomer Health Clinic, and student volunteers. Integrating this animation into other healthcare settings may help improve inclusion, trust, and patient-centred care for newcomer patients. Institutions may also consider creating further SRH animations based on the needs of the patients they serve.

© Aditi Sivakumar, Karla Willows, Sepideh Behroozan, Jocelyn Stairs, 2023



This document is protected by copyright law. Use of the services of Érudit (including reproduction) is subject to its terms and conditions, which can be viewed online.

<https://apropos.erudit.org/en/users/policy-on-use/>

Érudit

This article is disseminated and preserved by Érudit.

Érudit is a non-profit inter-university consortium of the Université de Montréal, Université Laval, and the Université du Québec à Montréal. Its mission is to promote and disseminate research.

<https://www.erudit.org/en/>

A multilingual sexual and reproductive health animation: a novel educational tool for newcomer patients

Une animation multilingue sur la santé sexuelle et reproductive : un nouvel outil éducatif pour les nouveaux arrivants

Aditi Sivakumar,¹ Karla Willows,^{2,3} Sepideh Behroozan,⁴ Jocelyn Stairs²

¹Dalhousie University Medical School, Nova Scotia, Canada; ²Dalhousie University, Department of Obstetrics and Gynaecology, Nova Scotia, Canada; ³QEII Health Sciences Centre, Division of Gynaecologic Oncology, Nova Scotia, Canada; ⁴Halifax Newcomer Health Clinic, Department of Family Medicine, Nova Scotia, Canada

Correspondence to: Aditi Sivakumar; email: aditisivakumar04@gmail.com

Published ahead of issue: Dec 27, 2024; published: Feb 29, 2024. CMEJ 2024, 15(1) Available at <https://doi.org/10.36834/cmej.77475>

© 2024 Sivakumar, Willows, Behroozan, Stairs; licensee Synergies Partners. This is an Open Journal Systems article distributed under the terms of the Creative Commons Attribution License. (<https://creativecommons.org/licenses/by-nc-nd/4.0>) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is cited.

Implication Statement

Newcomer populations face many barriers accessing healthcare, including language barriers. Language-concordant care has been shown to enhance equity and optimize health outcomes for underserved populations. This paper describes a sexual and reproductive health (SRH) animation for newcomer populations. The animation was created collaboratively by the Department of Obstetrics and Gynaecology Global Health Unit, the Halifax Newcomer Health Clinic, and student volunteers. Integrating this animation into other healthcare settings may help improve inclusion, trust, and patient-centred care for newcomer patients. Institutions may also consider creating further SRH animations based on the needs of the patients they serve.

Énoncé des implications de la recherche

Les nouveaux arrivants sont confrontés à de nombreux obstacles dans l'accès aux soins de santé, notamment des barrières linguistiques. Il a été démontré qu'une concordance linguistique au cours des soins améliorent l'équité et les résultats en matière de santé pour les populations mal desservies. Cet article décrit une animation sur la santé sexuelle et reproductive pour les nouveaux arrivants. Cette animation a été conçue en collaboration par l'unité de santé mondiale du département d'obstétrique et de gynécologie, la clinique de santé pour les nouveaux arrivants de Halifax et des étudiants bénévoles. L'intégration de cette animation dans d'autres contextes de soins peut contribuer à améliorer l'inclusion, la confiance et les soins centrés sur le patient pour les nouveaux arrivants. Les établissements peuvent également envisager de concevoir d'autres animations sur la santé sexuelle et reproductive en fonction des besoins de la population qu'ils desservent.

Introduction

Newcomer populations have unmet contraceptive needs and lower uptake of screening tests (e.g., Pap smear) than provincial or territorial guidelines recommend.^{1,2} Evidence suggests that language-congruent healthcare can improve patient safety while simultaneously enhancing access and responsiveness to healthcare information.³ Healthcare institutions are increasingly focused on the importance of culturally competent healthcare to improve the equity of services for newcomer populations.⁴

During the height of the COVID-19 pandemic, when in-person healthcare appointments were not always available, our team created the first SRH animation in Nova Scotia for refugee patients titled, "Your Gynecology Clinic Visit-Multilingual Videos." Animation was chosen as the preferred medium, as voiceovers in various languages could be created to ensure the accessibility of this tool to a wide demographic of newcomer patients.

Innovation

During project initiation, the Newcomer Well Woman Clinic (NWWC), a local refugee clinic specializing in Intrauterine Device (IUD) insertions and cervical cancer screening, agreed to pilot our animation in their centre. Therefore, the animation focused on these two preventative health services, and the content was approved by physicians who work at the NWWC. As this animation covers contraception and pap testing, the target audience was women of reproductive age to 70.

An experienced animator who was knowledgeable about SRH was recruited to the team to develop a four-minute animation. The animation timing was selected secondary to the budget provided by the Women Deliver Grant. To ensure adequate representation, the characters used in this animation represent the patient population that the NWWC serves. Volunteer translators, many of whom were medical students, were recruited to translate the animation into various languages.

Outcomes

We published the animation on an unlisted YouTube channel on June 8th, 2021, and is accessible by QR code (https://finlaymagui.re/wellwoman_clinic/). It is also available on the IWK Health Centre's website (<https://www.iwk.nshealth.ca/your-gynecology-clinic-visit>), the largest facility in Atlantic Canada for women and children. The animation has been downloaded onto tablets, funded by the Department of Obstetrics and Gynaecology, and provided to the NWWC. It has currently been translated into five different languages (English, French, Arabic, Farsi/Dari, and Somali), representing local population and needs. Based on YouTube analytics, the animation has garnered 442 views (as of April 7th, 2023). Using a monitoring and evaluation framework provided by Women Deliver, Table 1 shows the number of languages the animation has been currently translated into, the number of views per language, future language translations confirmed, and the number of presentations about the SRH animation.

Table 1. Monitoring and Evaluation Framework for the Novel SRH Animation

Output	Total #	Description
Educational Tools Developed	1	Sexual and Reproductive Health Animation. The animation covers various contraceptive methods, including Intrauterine Device (IUD) insertions and cervical cancer screening.
Number of Current Languages Available	5	English, French, Arabic, Farsi/Dari, Somali
Number of Views	442	English (266), French (35), Arabic (32), Farsi/Dari (48), Somali (61).
Future translations confirmed	5	Spanish, Chinese, Tamil, Punjabi, Kannada
Presentations	5	Department of Obstetrics and Gynaecology Grand Rounds, Department of Obstetrics and Gynaecology Research Day, Consortium of Universities for Global Health, Society of Obstetrics and Gynaecology of Canada Annual Clinical and Scientific Conference, Women Deliver International Conference.

Suggestions for next steps

We intend to formally evaluate the effectiveness of this educational initiative by conducting focus groups with newcomer patients at the NWWC. We will also evaluate whether a change in the uptake of preventative health services has occurred since the launch of the animation.

We plan to collaborate with other interested parties to continuously adapt this animation to meet the needs of other priority populations (e.g., high school students, Indigenous and LGBTQ+ patients) to effectively educate patient populations who are at-risk for poor health outcomes in this area.

Conflicts of Interest: KW has received speaker honoraria from Merck. The remaining authors have no conflicts of interest to disclose.

Funding: This project was funded through the Women Deliver Seed Grant.

Acknowledgements: We would like to acknowledge John Gobran, Nikki Shahin-Azar and Cyril O'Brien for their contribution and support to our animation.

Edited by: Marco Zaccagnini (senior section editor); Marcel D'Eon (editor-in-chief)

References

1. Aptekman M, Rashid M, Wright V, Dunn S. Unmet contraceptive needs among refugees: Crossroads Clinic experience. *Can Fam Phys*. 2014;60(12), e613-e619.
2. Pottie K, Greenaway C, Feightner J, et al. Evidence-based clinical guidelines for immigrants and refugees. *CMAJ*. 2011 Sep 6;183(12):E824-925. <https://doi.org/10.1503/cmaj.090313>
3. Zghal A, El-Masri M, McMurphy S, Pfaff K. Exploring the impact of health care provider cultural competence on new immigrant health-related quality of life: a cross-sectional study of Canadian newcomers. *J Transcult Nurs*. 2021 Sep;32(5):508-17. <https://doi.org/10.1177/1043659620967441>
4. Lau LS, Rodgers G. Cultural competence in refugee service settings: a scoping review. *Health Equity*. 2021 Mar 1;5(1):124-34. <https://doi.org/10.1089/heg.2020.0094>