## Canadian Medical Education Journal Revue canadienne de l'éducation médicale

## Growing mind L'esprit en croissance

Sara Guzman

Volume 12, Number 1, 2021

URI: https://id.erudit.org/iderudit/1076177ar DOI: https://doi.org/10.36834/cmej.70756

See table of contents

Publisher(s)

Canadian Medical Education Journal

ISSN

1923-1202 (digital)

Explore this journal

Cite this document

Guzman, S. (2021). Growing mind. *Canadian Medical Education Journal / Revue canadienne de l'éducation médicale, 12*(1), e192–e192. https://doi.org/10.36834/cmej.70756





érudit

This document is protected by copyright law. Use of the services of Érudit (including reproduction) is subject to its terms and conditions, which can be viewed online.

https://apropos.erudit.org/en/users/policy-on-use/

#### This article is disseminated and preserved by Érudit.

Érudit is a non-profit inter-university consortium of the Université de Montréal, Université Laval, and the Université du Québec à Montréal. Its mission is to promote and disseminate research.

https://www.erudit.org/en/



# **Canadian Medical Education Journal**

# Growing mind L'esprit en croissance

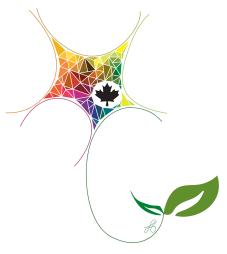
### Sara Guzman

Correspondence to: Sara Guzman; email: saraguzmancas@gmail.com

Published ahead of issue: October 15, 2020; published: February 26, 2021. CMEJ 2021, 12(1) Available at http://www.cmej.ca

© 2021 Guzman; licensee Synergies Partners

https://doi.org/10.36834/cmej.70756. This is an Open Journal Systems article distributed under the terms of the Creative Commons Attribution License. (https://creativecommons.org/licenses/by-nc-nd/4.0) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is cited.



Neuron and plant-inspired design.

It shows a bright neuron made up of several pieces, with potential for many connections that would allow it to grow even further. I was inspired to make this piece by thinking about how the world, each country, society, and especially each one of us as individuals, are all made of different pieces. Our jobs, hobbies, talents, and histories, don't define us on their own, but they are each an important piece of our personalities and our lives. We are made whole as individuals by being able to fit and balance the different pieces of our lives together, just as we are a stronger country by coming together and collaborating to make meaningful contributions. During this COVID-19 pandemic, we were able to show once again the importance of collaboration. All the changes and advances made in the medical field during this short time were possible due to the efforts of each individual, group and country in doing their part.